



## BOAT WATCH NEWS

Boat Watch Schemes now operate in all areas of Cornwall where recreational boating and sailing occurs. The schemes protect the site and highlight that equipment is protected by being security marked with marine DNA microdots.

We will be pleased to give you details of a scheme near you.



## FARM WATCH NEWS

Our Specials are concentrating on signing up as many farms as they can on to Farm Watch. They offer materials to warn would be thieves that your farm and its contents are marked and traceable

Members also sign up to the Community Messaging Service to ensure they receive information on rural based crime in their area.

Not yet signed up—contact us and we will pass your message to a Special in your area

Devon & Cornwall Police <http://www.devon-cornwall.police.uk/Pages/Default.aspx>  
 Crimestoppers <http://wanted.crimestoppers-uk.org/> 0800555111  
 National Watch Website: <http://www.ourwatch.org.uk/>



## HORSE WATCH NEWS

Horse Watch operates throughout the County providing regular newsletters and information on issues surrounding equine crime.

The Scheme is managed by Jenny Hoskins who would be pleased to receive any queries regarding the scheme.

[horsewatch@devonandcornwall.pnn.police.uk](mailto:horsewatch@devonandcornwall.pnn.police.uk)



## COMMUNITY WATCH NEWSLETTER ISSUE No1 2021

Welcome to the newsletter from the  
Truro Devon and Cornwall Community Watch Team

Your local team is based at The Police Station, Pydar Street Truro and comprises:

Bernie Watters  
Chris Pearson  
Barbara Scott

We can be contacted by telephone on 01872 227145 (Please leave a message on the ansaphone if we are not there) or by emailing:  
[watchoffice@truro.devonandcornwall.pnn.police.uk](mailto:watchoffice@truro.devonandcornwall.pnn.police.uk)



### Regional Contacts

The Devon and Cornwall Community Watch Board members are:

Julie Dowton, Chair  
07703468628  
[Julie.Dowton@devonandcornwall.pnn.police.uk](mailto:Julie.Dowton@devonandcornwall.pnn.police.uk)

Jules Fermain, Strategic Coordinator  
Tel:  
07774207870/872004. [Julie.FAIRMAN@devonandcornwall.pnn.police.uk](mailto:Julie.FAIRMAN@devonandcornwall.pnn.police.uk)

Bernie Watters, Area Representative  
01872 227145  
[bernard.watters@devonandcornwall.pnn.police.uk](mailto:bernard.watters@devonandcornwall.pnn.police.uk)



## Devon and Cornwall Community Watch Association

**DEVON and CORNWALL COMMUNITY WATCH ASSOCIATION**  
Registered Charity Number 1074233

*Working in partnership with Devon & Cornwall Police*

Welcome;

As Chair of the Truro & District Neighbourhood Watch may I welcome you to this our Community News Letter Issue No 1. 2021, and I do hope you find it interesting . I have included in this addition tips regarding Burglary, Scams, Reporting Thefts, and Drugs Issues.

Neighbourhood Watch is about local people working together to provide safe, attractive and friendly places in which to live, places where crime happens less and people behave better .It's about making sure that no-one feels alone frightened or vulnerable in the place where they live.

Each Neighbourhood Watch group covers either a few houses or an estate and is run by a volunteer coordinator from the group. The coordinator acts as a link between individual members, and the Watch Office in Truro, along with other organisations in the area as they think fit, and one of the advantages in joining neighbourhood watch is that the local coordinators can assist you with follow up information, even if you don't have a computer.

We are always looking for new coordinators and if you think this role might be of interest to you please contact us at the address below.

Many thanks and stay safe.

Bernie Watters

Truro & District Neighbourhood Watch  
Truro Police Station, Castle House ,Pydar Street Truro TR1 2UD

Tel: 01872 227145 Ext 306045



**Please Remember --- HANDS-FACE -SPACE-FRESH AIR**

### **In Northern Ireland**

You can now socialise indoors in a group of up to 6 people from no more than 2 households, including for overnight stays. Up to 15 people from no more than 3 households can meet in a private garden. Shops, hairdressers and visitor attractions can reopen as well as indoor areas of pubs and restaurants. Read the [guidance on current restrictions on nidirect](#).



## CORONAVIRUS (COVID19)

### Recent and upcoming changes

Restrictions are easing across the UK.

#### International travel

You should not travel to red or amber list countries or territories. [Check what you need to do to travel internationally.](#)

#### In England

The Delta COVID-19 variant (first discovered in India) is spreading in England. [See where it's spreading fastest and find out what you should do.](#)

You can now socialise indoors in a group of up to 6 people or 2 households, including for overnight stays. Up to 30 people can meet outside. Pubs, theatres and other venues can open indoors. Hotels, hostels and B&Bs can open for people on holiday. [Read the guidance on what you can do.](#)

#### In Scotland

From 5 June, many areas are changing COVID-19 protection levels. Find out [your area's level in Scotland on GOV.SCOT.](#)

#### In Wales

From 7 June, you can choose 2 other households to meet indoors, becoming an extended household. Up to 30 people can meet outside, including in gardens and pubs. [Read the rules for Wales on GOV.WALES.](#)

## A Word About Neighbourhood Watch



Neighbourhood Watch is a community led initiative run by members of the community to reduce opportunity for crime, increase community wellbeing, increase resilience and provide communities with a sense of togetherness.

This is done by working with our community, involving partners and co-developing or using existing resources/projects, such as community litter picks, sharing crime prevention advice, and even arranging a neighbour cream tea! All of these activities bring our community together and Neighbourhood Watch provide local, regional and national support.

Joining as a registered member is easy and you will benefit from receiving the Neighbourhood Watch monthly e-newsletter and getting connected with local people who share your desire to make your local community a safer, happier and contented community.

The Neighbourhood Alert team are developing some ground-breaking scheme management tools with the Neighbourhood Watch IT Working Group and these are nearing completion. The tools will make it very easy to find and join a scheme and for approved Coordinators to manage their scheme and communicate with members in a safe and GDPR compliant manner. How do you feel about getting involved with your local Neighbourhood Watch?

## WHAT CRIMES TO REPORT

### Reporting crimes and incidents

What is a crime?

A crime is a deliberate act that causes physical or psychological harm, damage to or loss of property, and is against the law.

There are lots of different types of crime and nearly everyone will experience a crime at some point in their lives. It affects people from all backgrounds, locations and ages.

If you feel that you've been affected by crime in any way please contact us, even if you're not sure the incident or event was a crime.

Visit [Victim Support](#) to:

- learn more about the different types of crime and help available
- read the stories of some of the people they've supported

### Crime types

Crime data is broken down into 'major' and 'minor' crime types. See a breakdown of what the major types are and the minor types they include below.

**BURGLARY**

**CRIMINAL DAMAGE**

**DRUGS**

**FRAUD AND FOREGERY**

**OTHER NOTIFIED OFFENCES**

**ROBBERY**

**SEXUAL OFFENCES**

**THEFT & HANDLING**

**VIOLENCE AGAINST A PERSON**

#### Minor types include:

- **Assault with injury**
- **Common assault**
- **Harassment**
- **Murder (homicide)**
- **Offensive weapon**
- **Other violence**
- **Wounding/GBH**

<https://www.gov.uk/government/publications/genuine-hmrc-contact-and-recognising-phishing-emails/genuine-hmrc-contact-and-recognising-phishing-emails#how-to-tell-if-an-email-is-fraudulent>



### Any one of these 3 signs could indicate it's a scam text message:

- It asks you to provide sensitive personal or financial information, passwords, or to make transactions or claim refunds by following a link in the message
- It claims to be from your bank or another reputable organisation and asks you to call a number that isn't familiar to you. In this case, call the organisation on their official number and check that the message was authentic.
- Please don't assume a caller of text messenger is genuine just because they have some details about you, such as your name. Criminals will often have some basic information about you !

# DON'T BE A SCAM VICTIM!

1. Never agree to anything over the phone. Just hang up if you feel at all wary of a caller.

2. Don't assume a caller or texter is genuine just because they already have some details about you, such as your name. Criminals will often already have some basic information about you.

3. Remember: Your bank or building society will NEVER contact you out of the blue to ask for your PIN, full password or to move money to another account. If you receive a call from your bank requesting any of these, hang up immediately.

4. Never give out any personal information over the phone, such as bank account or credit card details, unless you made the call.

5. If you're not sure about a caller who claims to be from a legitimate bank or company, you can always end the call and then call the company back yourself, using a phone number from their official website or letters sent to you. Always wait five minutes before calling back though, to ensure the first caller has hung up – it takes both sides to terminate a phone call.

Never give control of your computer remotely to a third party over the phone.

Never reply to unsolicited text messages, even to try and stop them. **Just delete them !**

## When you report the crime

The police must give you:

- written confirmation of the crime you've reported
- a crime reference number
- contact details for the police officer dealing with your case

They must also:

- tell you clearly what will happen next
  - tell you how often they'll give you an update on their investigation
  - carry out a 'needs assessment' to find out what support you should get
- ask a [victim support organisation](#) to contact you within 2 days
- They must also ask if you want to write a statement about how the crime has affected you. This is called a 'victim personal statement'. It can be used later when the court is deciding on a punishment.

## During the police investigation

The police must give you updates on their investigation, and tell you within 5 days when a suspect is:

- arrested or charged
  - set free or released on bail
  - given a caution, reprimand, final warning, or penalty notice
- When the police have finished their investigation, they can pass the information to the Crown Prosecution Service (CPS) who then decide if there's enough evidence to take the case to court.

If the police or the CPS decide to drop the charge, they must tell you within 5 days. You can [ask for a review](#) if you disagree with their decision.

## Privacy

The police might give some information about the crime to the media to help with the investigation. They'll normally ask your permission before they do this.

If you've been the victim of a sexual assault or rape, it's against the law for anyone to publish your name, photo or anything else that could identify you.

# Need help after crime?

Independent. Free. And Confidential.

Fill in our online form for support and advice. Someone from your local victim care team will contact you within three working days (Mon to Fri). If you want to speak to someone now, call our free 24/7 Support line – 08 08 16 89 111 or [start a live chat](#). In an emergency always call 999.

Our service is confidential and we will only share information about you without your consent if we're worried about your safety or someone

## Devon & Cornwall Police

Non-Emergency - [dc.police.uk/ClickB4UCall](https://dc.police.uk/ClickB4UCall)

If a crime has already happened or to give information about the crime



**WebChat**  
dc.police.uk/webchat



**Report crime online**  
dc.police.uk/reportcrime



**Email**  
101@dc.police.uk



**Call 101**

Drug issues are a prominent problem for young people throughout the entire world, but the world is a big place, so we are focusing on the issue across the UK. Many young people across the UK turn to drugs for different reasons, and a lot of the time they don't fully understand the severity of doing this until it's too late.

Let's Talk Drugs is an awareness campaign run by young people for young people. Here is a message from Mair, the young campaigner behind Let's talk drugs:

*I started this campaign in collaboration with Neighbourhood Watch Network, because young people and drug issues is a really big problem in my local area and I really wanted to take some steps to change this. The campaign aims to make young people take drug addiction more seriously as well as raise awareness of the severe impact it has on them. So if you could share any of the campaign resources or raise awareness of the campaign among your friends that would be amazing. Follow us on social media and don't forget to use hashtag #drugsknowmore.'*

Is anyone you know affected by drugs? Would you like to have a chat with them about it but don't know how? Check out our Conversation Cheat Sheet. We also create a Support Info Sheet with information featuring some great support organizations. These sheets are designed to make having conversations about drugs easier and less stressful. Make sure to download them onto your phone, so you can access them easily when you need them! [Conversation Cheat Sheet](#) - this is a document with different pages to help you have a conversation about drugs with somebody. Here you can find:

**Do's + Don'ts** of a conversation- a list of 8 things you should and should not do when having a conversation about drugs with a friend.

How to prepare yourself for a conversation –

a list of 4 easy things you can do to make having a conversation about drugs a bit easier for everyone involved.

- Conversation starters – example of 4 sentences you could use to start a conversation about drugs.

# DRUGS 2021

## LETS TALK DRUGS



## A new service: Safe Spaces

Contact the Safe Spaces team

Tel: [0300 303 1056](tel:03003031056) (answerphone available outside of opening times)

Email: [safespaces@victimsupport.org.uk](mailto:safespaces@victimsupport.org.uk)


Live Chat: [www.SafeSpacesEnglandandWales.org.uk](http://www.SafeSpacesEnglandandWales.org.uk)

Website: [www.SafeSpacesEnglandandWales.org.uk](http://www.SafeSpacesEnglandandWales.org.uk)


**Safe Spaces is a free, national support service independently run by Victim Support. It provides a confidential, personal and safe space for anyone who has been abused through their relationship with either the Church of England or the Catholic Church of England and Wales.**

Safe Spaces comprises a team of trained support advocates, who are Independent Sexual Violence Advisors and who have received additional specific training in how the churches respond to abuse cases, the way in which faith and church-related settings have been used to carry out abuse, and the particular issues affecting people who have had or still have, a relationship with the church.

The service provides remote support through our helpline, live chat service and website and is for anyone who feels they have experienced church related abuse of any form in relation to the Church of England, Catholic Church in England and Wales or the incident to the Church authorities or the Police in order to access support.

Devon and Cornwall **ALERT** 

*Keeping our communities in the know*



**Devon and Cornwall Alert**  
is a two-way community  
messaging system operated by  
**Devon & Cornwall Police**

Devon and Cornwall Alert helps us to connect with our communities. It tells you what is happening in your area and allows you to respond directly with information for the police

### Choose what information you receive...

- Crime
- Anti-social behaviour
- Witness appeals
- Missing person appeals
- Community events
- Local good news

### ...when, how and who from

- Specify what time of day messages will arrive
- Email, text or telephone
- Police, Action Fraud, Crimestoppers, Neighbourhood Watch
- Free: no contract, cost or obligation
- Devon, Cornwall and Isles of Scilly



**A PERFECT STORM**

The impact of the Covid-19 pandemic on domestic abuse survivors and the services supporting them



women's aid  
until women & children are safe

### Has domestic abuse got worse since Covid-19?

Covid-19 does not cause domestic abuse, only abusers are responsible for their actions. The pandemic has, however, escalated abuse and closed down routes to safety for women to escape.

Survivors contacting Women's Aid's direct services have reported escalating abuse and having to live in lockdown with an abuser due to Covid-19. Women in lockdown with their abuser will be less able to get breathing space. It will be harder to text or phone to get support from friends and family, and from specialist support services. Child survivors will no longer have the respite of school or nursery, which can often be a safe space to access support.

women's aid  
until women & children are safe

# What is domestic abuse?

We define domestic abuse as an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in the majority of cases by a partner or ex-partner, but also by a family member or carer. It is very common. In the vast majority of cases it is experienced by women and is perpetrated by men.

Domestic abuse can include, but is not limited to, the following:

**Coercive control** (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)

Psychological and/or emotional abuse Physical or sexual abuse

**Financial or economic abuse**

**Harassment and stalking**

**Online or digital abuse**



## Welcome to Devon and Cornwall Alert

Devon and Cornwall Alert is a two way community messaging system operated by Devon and Cornwall Police. The system helps us to connect with our communities, it tells people what is happening in their area and allows them to respond directly with any information.

The system is designed to allow people who register to choose the type of information they would like to receive concerning crime and anti-social behaviour, witness appeals, crime prevention, community events and local good news.

Subscribers will not be notified about every crime or incident that happens in their community. Our aim is to send relevant information where we believe to do so will reduce the opportunity for crime and anti-social behaviour or will help Devon and Cornwall Police solve a crime.

# PROTECT YOUR CAR, LEAVE IT:

## 1. LOCKED

LOCK YOUR CAR WHEN YOU LEAVE IT

## 2. LIT

PARK IN A WELL-LIT AREA

## 3. EMPTY

HIDE ANY ITEMS ON SHOW

**SHARE THESE 3 STEPS  
WITH 3 FRIENDS**



[www.ourwatch.org.uk](http://www.ourwatch.org.uk)

Neighbourhood Watch Network is a charity registered in England & Wales, CIO no: 1173349



**Devon and Cornwall  
Community Watch  
Association**

Registered Charity Number 1074233

Working in partnership with Devon & Cornwall Police  
**CRIME PREVENTION SECURITY PRODUCTS**  
**ALL PRICES INC VAT**

I wish to purchase the following items:  
Please Tick

SECURITY PRODUCT	PRICE
Marker Pens	£0.50
Heavy Duty Alarmed Padlock	£12.00
Mini Max Personal Alarm	£2.50
Collins Dictionary Safe	£6.00
Heinz Safe	£3.00
Cycle Lock	£4.00

Name.....  
Name: .....QTY.....

Address:.....  
.....

Contact Telephone Number.....

I will collect from.....Police Station

Please make cheques payable to: Truro & District NHW and send to the address below

**Truro Watch Office**, Truro Police Station, Pydar Street, Truro,  
Cornwall TR1 2UD

Telephone: 01872 227145.

[watchofficetruro@devonandcornwall.pnn.police.uk](mailto:watchofficetruro@devonandcornwall.pnn.police.uk)

**SHED PADLOCK £12.00**

An innovative Padlock which includes an anti tamper 110db motion sensitive alarm to scare away potential thieves.

Additional features include:

- Two tone siren
- Anti muffle design
- Corrosion resistant
- Water resistant
- Hardened steel
- Motion & Shock sensors

The Minder padlock alarm is widely used for security for bicycles, motor bikes, scooters, farm machinery, plant equipment etc.

**CYCLE LOCK £4.00**

High quality lock to protect bikes.

The Coiled Bike Lock acts as a low cost method of tackling bike theft.

The high visibility locks can help deter opportunist thieves whilst the steel cable will prolong any attempted bike theft meaning the chances of a thief

**PERSONAL ALARM £2.50**

Features include :-

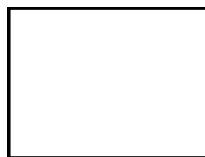
- 120db Siren
- Detachable Neck Pendant
- Keyring
- Battery Isolator fitted to preserve shelf life
- Available in red and white whilst stocks last
- Batteries included

**SAFE CAN £3.00**

**Safe Can is the ideal place to store money and valuables**

**DEFENDER ALL PURPOSE ALARM £2.50**

This Multi purpose alarm contains most of the features found through the Defender range to give versatile value for many people in a variety of applications. The Defender All Purpose Alarm incorporates:- Independent torch and panic functions -



- Belt clip for convenience
- 130+dBs siren
- Tough ABS plastic casing
- Colour French navy
- Traditional ripcord or key ring activated

**A sample of crime prevention items which can be ORDERED FROM TRURO WATCH OFFICE**

**TOP TIPS TO KEEP YOUR CAR SAFE**

*Following 3 simple steps (leave your car locked, well-lit, and empty) will help to keep your car safe, but there are further steps you could take:*

Store **car ownership** information at home, not in your car

**Secure number plates** with anti-theft screws available from car accessory stores

Keep your car **keys out of sight** in your home

Use a **Sold Secure** [www.soldsecure.com](http://www.soldsecure.com) approved anti-theft device on your car. You can search for suppliers on [www.securedbydesign.com](http://www.securedbydesign.com)

When parking in a car park, look for a '**Park Mark**' [www.parkmark.co.uk](http://www.parkmark.co.uk) indicating the car park meets

recognized security levels

**Fit locking, anti-tamper wheel nuts** to secure alloy wheels

**Did you know**, in the UK, a car is stolen on average every ten minutes (ITV, 2020). Whilst we can't always prevent it there are simple steps, we can all take to reduce our chances of becoming a victim of car crime.

**Leave your car locked**

**A simple mistake that can prove calamitous: 44% of cars were broken into via an unlocked door.**

**Leave your car well-lit**

**80% of car crime occurs during the evening or at night. Parking near streetlamps or in a busy area can deter thieves.**

**Leave your car empty or with no items on show**

**Owners often forget that personal belongings within the car are at as much risk of being stolen as the car itself.**

## PROTECT YOUR MOTORCYCLE, MOPED or SCOOTER

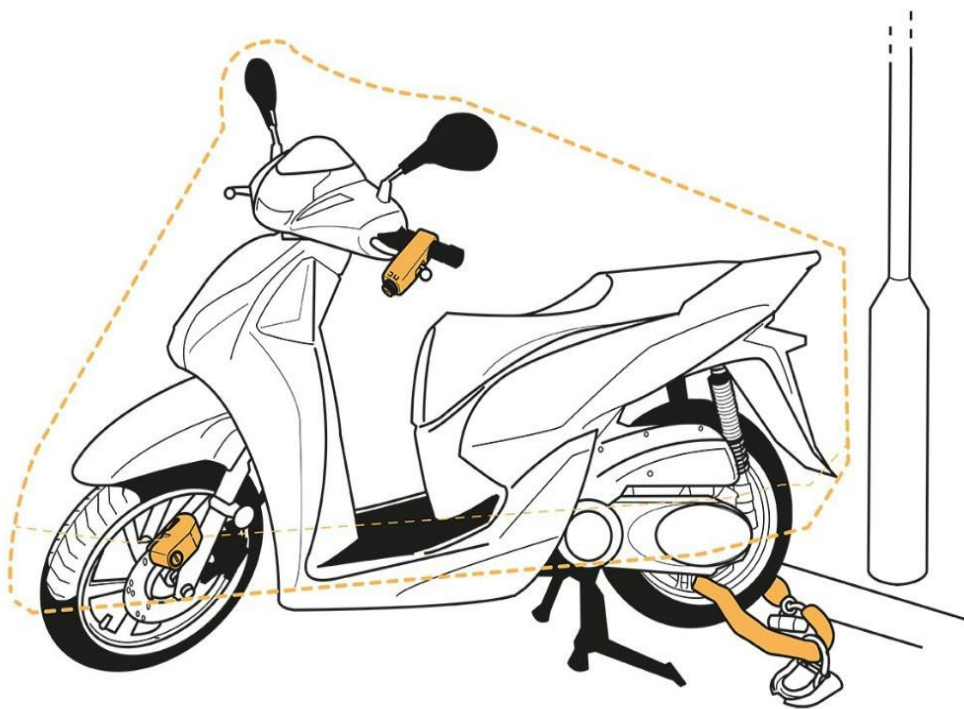
To protect you motorcycle, moped or scooter remember LOCK, CHAIN, COVER.

**LOCK:** use a disc lock to help secure the front brake disc, or a grip lock to secure the brake and throttle controls. You could also use a D lock on the front wheel to stop it being wheeled away.

**CHAIN:** Use a chain lock through the back wheel (the front wheel can be removed). Chain your bike to something heavy, even when in a garage. You can fit specific attachments to lock your bike to at home.

**COVER:** Thieves often 'shop' for particular bike models. Using a cover instantly makes it less attractive to them. A cover also provides another time consuming obstacle for the thief.

For more information on LOCK, CHAIN, COVER see the Protect your motorcycle page from Met Police.



The Telephone Preference Service (TPS) is the UK's only official 'Do Not Call' register for landlines and Mobile numbers. It allows people and businesses to opt out of unsolicited live sales and marketing calls.

It's free and quick to register a telephone number. Doing so will reduce the amount of unwanted sales and marketing calls you receive. There is also a register for businesses, the Corporate Telephone Preference Service.

If a number is registered with the TPS/CTPS, organisations are legally required – by the Privacy and Electronic (EC Directive) Regulations 2003 – to refrain from calling it. In the UK, the Information Commissioner's Office enforces the law and has power to fine firms that break it.

Organisations are required to screen against TPS/CTPS at least once every 28 days,

If you have registered with TPS you won't need to renew

If you've registered with CTPS, annually you will be sent an email reminder of the numbers you have currently registered, asking if you wish to remain

### Address

DMA House 70 Margaret Street  
London  
W1W 8SS

TPS Website  
TPS Registration  
Tele  
Email

[www.tpsonline.org.uk](http://www.tpsonline.org.uk)  
0345 070 0707  
0207 291 3320  
[tps@dma.org.uk](mailto:tps@dma.org.uk)



## Fire Kills

### Did you know...

- you should test your smoke alarms at least once a month?
- you should have a smoke alarm on every level of your home?
- your local Fire and Rescue Service do free home visits to make sure your home is fire safe?

The Fire Kills campaign returns in February promoting these, and other fire safety behaviours to adopt around the home. Neighbourhood Watch members can support this campaign by reaching out to vulnerable and isolated neighbours to ensure their house is fire safe.

Visit <https://firekills.campaign.gov.uk/> for helpful tips and advice.

It only takes one accident to start a fire. Fire Kills. Let's prevent it.



## DOGS DIE IN CARS

A reminder to dog owners not to leave their pets in cars, conservatories or caravans while they enjoy the sunshine.

All too often, owners make the mistake of thinking that it is sufficient to leave a bowl of water or a window open for their pet but this is not enough to protect them from heatstroke, which can have fatal consequences.

The RSPCA's message is: 'Dogs die in hot cars. Don't leave your dog alone in a car.'

As an example, the temperature inside a vehicle can soar to 47 degrees within 60 minutes when the outside temperature is 22 degrees. Even in lower temperatures, if it is sunny or slightly warm outside, a vehicle can become hot very quickly, and cloud cover can quickly disappear

## PROTECT YOUR POOCH

Keep them:



**1. SECURE**

**2. IN SIGHT**

**3. SEARCHABLE**

**SHARE THESE 3 THINGS  
WITH 3 FRIENDS**

Find out more ways to protect your pooch on  
[www.ourwatch.org.uk/ProtectYourPooch](http://www.ourwatch.org.uk/ProtectYourPooch)



## Elder abuse

We know that so many of you go the extra mile to help your neighbours stay safe. The issue of elder abuse is a delicate and often difficult issue to think about, but we've got together with the charity Hourglass (formerly Action on Elder Abuse) to share some information and resources and show you who to contact if you're worried about a neighbor or a friend.

Elder abuse can take many forms, including financial, emotional, physical and sexual and some examples of abuse can be:

stealing or pressurizing someone to hand over money

making decisions without consulting the person involved

treating someone in a way that makes them feel threatened, belittled, or embarrassed

touching someone in a way they don't want to be touched

physically hurting someone

neglecting someone's needs.

For more information visit [the Hourglass website](#) to find out more or call their free-phone helpline: 0808 808 8141.

### Scam Alert!

Criminals often use the promise of earning quick and easy cash, advertised via social media platforms, phishing emails and, job sites, to recruit people into becoming money mules.

Be vigilant of "employers" asking you to receive and distribute funds through your bank account, as using your account in this way is illegal.



### TAKE FIVE TO STOP FRAUD

Criminals are experts at impersonating people, organisations and the police. They spend hours researching you for their scams, hoping you'll let your guard down for just a moment. Stop and think. It could protect you and your money.



## COVID-19

It's important that you remain vigilant and guard against criminals using the publicity around Coronavirus as a chance to target you with fraudulent emails, phone calls, texts messages or social media posts.



Criminals are using the Coronavirus as a cover story to trick you into parting with your business's money or information. Always take a moment to Stop,

### WHAT IS TAKE FIVE

Take Five is a national campaign offering straight-forward, impartial advice that helps prevent email, phone-based and online fraud – particularly where criminals impersonate trusted organisations.



## Bicycle theft



Register your bike for free with [www.bikeregister.com](http://www.bikeregister.com), the UK's only police-approved cycle database. This will help police to find it if it gets stolen.

Take a photo of your bike and keep it with the insurance details. Make a note of the make, model and serial number.

When parking away from home make sure your bike is locked to a heavy-duty piece of street furniture and where possible with the lock or chain off the floor.

Make sure the lock you use is independently tested (e.g. Sold Secure approved), the correct size and difficult for thieves to access to break it.

At home, lock bicycles in a secure garage or shed if you have one, using a good quality U-lock or chain and padlock to a ground anchor. Consider using two different types of security device, as often tools to attack one type of device aren't so applicable to others.

Mark your bicycle frame with your postcode in two separate locations if possible, one of which should be hidden.



Neighbourhood Watch is about local people working together to create safe, attractive and friendly places in which to live. Places where crime is less likely to happen and people are less likely to turn to anti-social behaviour. It's about looking out for your neighbours and for them to look out for you. There are no barriers regarding age, race, class and religion – it's about making sure that no one feels alone, frightened or vulnerable in the place where they live.



There are numerous Neighbourhood Watch Schemes all over Devon and Cornwall. Some are based in heavily populated areas and on housing estates with lots of members whilst others bring together a smaller group of homes in a hamlet or spread across a rural location. There is equally no template for how to run a scheme and each scheme is individual to its community's needs, in size and how it operates. Meeting regularly or simply linking by phone and email.

Schemes must be run by a lead Co-ordinator but often there are Deputies or a group of Co-ordinators if the location requires more focused attention. Either way the lead Co-ordinator will gain support through the network of local DaC-CWA Watch Offices which are normally based in nearby Police Stations. It is the Co-ordinator's role to get people working together and make sure things get done. They also liaise with the Police and act as a voice for their scheme members.

Our Watch Offices are there to advise Co-ordinators over how to get the best from their efforts, help them with marketing the benefits of Neighbourhood Watch and support the set-up of new schemes.

Although Neighbourhood Watch is all about helping to cut crime and reducing the fear of crime, it's equally about helping to combat loneliness, caring for the more vulnerable members of our communities and improving the social atmosphere and our community spirit by bringing people together with a shared goal.

DaCCWA has a wealth of knowledge and experience of how to run successful Neighbourhood Watch Schemes and many of our Watch Office Leads also run their own schemes so there's always plenty of advice and support available.

### Benefits of joining

- You will be part of a recognised and fully-supported way to help reduce crime and the fear of crime in your community.
- You will become more knowledgeable about your own security whilst also understanding the benefits of looking out for others.
- You will be linking with other like-minded people who care, and who especially consider those who may be lonely, more vulnerable and who are frightened by crime.
- You will have a link with your local policing team and appreciate the benefit of reporting crime.
- You will have access to Devon and Cornwall Alert (early information regarding crimes or suspicious behaviour).

**You might even be eligible for a discount on your home insurance.**